



## Self-Isolation Changes – Backgrounder

### Reduced Self Isolation for Returning NWT Residents

- Fully vaccinated NWT residents returning from travel outside the territory must file a self-isolation plan for 14 days.
- Testing must take place immediately if anyone in isolation becomes symptomatic (any symptoms). If the test is positive, you will be contacted by a healthcare provider with instructions.
- Testing can take place on day 8 if you are fully vaccinated. If the day 8 test is negative, individuals will be required to self-monitor, but will no longer need to self-isolate. If the day 8 test is positive, you will be contacted by a healthcare provider. Please follow their instructions.
- If you develop symptoms, are named as a COVID-19 contact or part of an outbreak at any time immediately self-isolate and contact a healthcare provider for further instructions.

### Reduced Self Isolation for Household Members of Returning NWT Residents

- Fully vaccinated household members (of returning fully vaccinated travellers):
  - No initial self-isolation requirements.
  - If the person who is self-isolating after travel receives a positive test after eight days, you will be contacted by a healthcare provider with instructions.
  - If you or the person develops symptoms, self-isolate and contact a healthcare provider
- Non-vaccinated household members (of returning fully vaccinated travellers):
  - Must self-isolate along with the traveller.
  - If the person who is self-isolating after travel receives a negative test after day 8, self-isolation requirements are complete for everyone in that household if no one develops symptoms.
  - If the person who is self-isolating after travel receives a positive test after day 8, you will be contacted by a healthcare provider and told all in the household must continue to self-isolate. Please follow their instructions.
- Non-vaccinated traveller regardless of household members' vaccination status:
  - The entire household must self-isolate for the full 14-day self-isolation period.
- See chart below for reference:



	<b>Fully vaccinated household member(s)</b>	<b>Unvaccinated household member(s)</b>	<b>Development of symptoms (vaccinated/unvaccinated)</b>
<b>Fully vaccinated traveller(s) recently entered the NWT</b>	Traveller can be tested on Day 8 of self-isolation period  Household member does not need to isolate	Traveller can be tested on Day 8  If traveller(s) test is negative both traveller and household member(s) are no longer required to self-isolate.  Both must continue to self-monitor	Self-isolate immediately and contact public health
<b>Unvaccinated traveller entered the NWT</b>	Self-isolate for 14 days	Self-isolate with returning traveller for 14 days	Self-isolate immediately and contact public health

### **Non-NWT Residents**

- Under current travel restrictions in place in the NWT, leisure travel by non-NWT residents is not permitted. However, Public Health Orders or exemptions are in place to allow non-resident workers, compassionate, family reunification and others with exceptional circumstances to travel in the NWT with an approved Self-Isolation Plan. If approval to travel in the NWT is granted, the same changes that apply to returning NWT residents will also apply to these non-residents.