



## Backgrounder

- The new Sahtú Got'iné Regional Health and Social Services Centre replaces the 40-year old Health Centre.
- The new facility combines all existing program areas, administrative offices and the new Long Term Care Facility in one consolidated building.
- It is an energy efficient building that is approximately 4,000 square metres in size, compared to the 419 square meters of the old facility.
- This new state of the art health and social services centre offers the following features:
  - Layout provides practitioners direct access to each other to better support clients and patients as a team.
  - Three therapy rooms are available to support clients; one for family therapy and two for individual or couples therapy.
  - A quiet room is available for families during emergencies or in times of need.
  - The lab has a dedicated area for specimen collection with access to a bathroom.
  - Emergency transport shelter keeps patients covered during medevac transfers.
  - Six clinic rooms and one procedure room to accommodate sutures, dressing changes and minor procedures.
  - Reception area is designed for confidentiality with ground-level/wheelchair access; clients and staff are supported by two Client Services Coordinators.
  - The building has capacity for future program growth.
- The Sahtú Dene Nechá Kó Long Term Care facility will support Elders, healers and residents in using traditional healing and cultural practices on site, parallel to existing programs and services.
- The Sahtú Dene Nechá Kó Long Term Care facility offers the following:
  - Care for residents with level 3 and level 4 supportive needs; 24 hours a day, seven days a week.
  - 18 individual resident bedrooms; divided into two houses with nine bedrooms each. Two of these rooms may be used for respite and/or palliative care needs.
  - Each bedroom comes with basic furniture. Residents can bring their own furniture and decor.
  - For couples, bedrooms are available that have an adjoining door to the next room.
  - Each house has its own kitchen, living room with fireplace, dining room and screened-in patio area.



- Processes and procedures are in development to ensure traditional foods can be cooked and served-in house.
- As a team, resident care aids, cooks and nursing staff will support residents 24 hours a day, seven days a week.
- Day program area with kitchen facilities is designed to help support home care clients to remain independent, healthy and in their own home. Day programs will include health and wellness education and social activities. This area can also be used by long term care residents.
- Spiritual Centre for cultural and religious celebrations. When not in use, the chapel can be opened up to the day program area and accommodate family events for long term care residents.
- Physiotherapy room is available for use by visiting Occupational Therapist or Physiotherapist; with ongoing onsite support by a Rehabilitation Activity Aide.
- Foot care area, a spa room and a hair salon for Elders.
- Dental/eye clinic room access for Elders.
- Enclosed decks, screened-in decks and courtyard areas will be accessible for relaxation, recreation and celebrations; a canvas tent will also be available.
- Regional administrative offices are located on the second floor.