## Emerging Wisely

### Essential steps to eased restrictions

- **Travel restrictions are keeping the virus out**
- **Rules for workers coming into the territory are working**
- **Community testing and contact tracing is robust**
- **No non-travel-related cases for 28 days since last case recovered**

## Phases of Recovery

### Nothing is returning to 'normal' until there is an effective vaccine. Everyone will still need to follow rules as restrictions are eased.

<table>
<thead>
<tr>
<th>Conditions to enter this phase</th>
<th>Visiting with friends and family</th>
<th>Larger personal gatherings</th>
<th>Business openings</th>
<th>Mass gatherings and community gatherings</th>
<th>School</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PHASE 1: MID-TO-LATE MAY, 2020</strong></td>
<td>All essential steps have been successfully implemented. No evidence of community spread within the territory through May 15, 2020. People are following the public health orders.</td>
<td>Your household can have up to 5 other people over, to a maximum of 10 people total. You should keep your friendship circle as small as possible and still keep physical distance as much as you can.</td>
<td>Some businesses and organizations allowed to open with capacity and other restrictions in place. For example: personal services, museums and art galleries, bottle depots, personal training at gyms and fitness centres.</td>
<td>Specific types of mass gatherings will be allowed with capacity and other restrictions in place. For example: farmer’s markets, campgrounds, recreational facilities, libraries, golf courses, beaches, boat launches, outdoor fields, and playgrounds.</td>
<td>Schools, except colleges, adult learning, and trade schools, may open with capacity and other restrictions in place.</td>
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<tr>
<td><strong>PHASE 2: MID-TO-LATE JUNE, 2020</strong></td>
<td>Limited or no community spread Import and contained cases only. Strong contact tracing. Ability for businesses and gathering places to enforce social distancing.</td>
<td>Now the same in all phases.</td>
<td>Indoor sports and day programming are allowed. More business will be allowed to open with capacity and other restrictions in place. For example: movie theatres and theatres, dine-in restaurants (limited capacity), fitness classes.</td>
<td>Organized outdoor activities will be allowed. Campground limitations will ease. Government offices may open to the public. Community and youth centres may open. Pools open for instructor certification.</td>
<td>Same as phase one.</td>
</tr>
<tr>
<td><strong>PHASE 3: TO BE DETERMINED</strong></td>
<td>A robust, rapid-testing strategy is ready. A second surge of infections in Canada and the United States has come and gone.</td>
<td>Now the same in all phases.</td>
<td>Additional business will be allowed to open.</td>
<td>Outdoor gatherings have no participation limits. Pools open to the public. Gymnastics open. Choirs and band classes may begin running.</td>
<td></td>
</tr>
</tbody>
</table>

### Triggers for moving to previous phases:
- Widespread rule-breaking which leads to community spread
- Community spread and we don’t know where it started from
- Cluster or group outbreaks where COVID-19 spreads very quickly

### Conditions to enter this phase

- Visiting with friends and family
- Larger personal gatherings
- Business openings
- Mass gatherings and community gatherings
- Schools

### Visiting with friends and family

- Your household can have up to 5 other people over, to a maximum of 10 people total. You should keep your friendship circle as small as possible and still keep physical distance as much as you can.

### Larger personal gatherings

- Personal outdoor get-togethers of 25 or less are allowed
- Personal outdoor get-togethers of 50 or less are allowed
- Personal outdoor get-togethers have no participation limits

### Business openings

- Some businesses and organizations allowed to open with capacity and other restrictions in place. For example: personal services, museums and art galleries, bottle depots, personal training at gyms and fitness centres.
- Indoor sports and day programming are allowed. More business will be allowed to open with capacity and other restrictions in place. For example: movie theatres and theatres, dine-in restaurants (limited capacity), fitness classes.
- Additional business will be allowed to open.

### Mass gatherings and community gatherings

- Specific types of mass gatherings will be allowed with capacity and other restrictions in place. For example: farmer’s markets, campgrounds, recreational facilities, libraries, golf courses, beaches, boat launches, outdoor fields, and playgrounds.
- Organized outdoor activities will be allowed. Campground limitations will ease. Government offices may open to the public. Community and youth centres may open. Pools open for instructor certification.
- Outdoor gatherings have no participation limits. Pools open to the public. Gymnastics open. Choirs and band classes may begin running.
- Colleges, adult classes and trade schools open.

### School

- Schools, except colleges, adult learning, and trade schools, may open with capacity and other restrictions in place.

### Experts predict that there will be 2 to 3 more waves of COVID-19 infections across Canada.

NWT residents can expect to move back to earlier phases in order to help contain the spread.

### For detailed information visit


Updated: May 12, 2020